

Bariatric Support Group



2023 Support Group Meeting Dates

Weight loss surgery is only the first step. Lifestyle changes are the next step and will be an ongoing effort in reaching your weight loss goals. To help you accomplish these goals, we offer ongoing support and encourage you to attend our free meetings.

Support Group is held at 6 PM. Join us via Google Meet. Download the Google Meet app and input fzu-kbgq-qza as the meeting code. Join by phone at (US) 1+539-302-9299 PIN: 730 152 239#

**January 5 • February 2 • March 2 • April 6 • May 4 • June 1 • July 6
August 3 • September 7 • October 5 • November 2 • December 7**

**In case of inclement weather, a decision will be made by 3 pm.
You may call 256 429 5400 for cancellation information.*



CRESTWOOD
BARIATRIC CENTER

Questions & Information:

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